

Instructions to Authors

RUHS Journal of Health Sciences solicits manuscripts in the following category of articles. *All articles submitted to the Journal shall be subject to peer-review.*

CATEGORIES OF ARTICLES

- Original research articles (full or brief reports)
- Clinical trial protocols
- Review articles
- Commentaries
- Case reports
- News and announcements
- Student section

ORIGINAL RESEARCH ARTICLES

Original research articles are primary sources of scientific literature and present an original study. Under this category author(s) can report their original research on a particular topic through experiments, surveys, observations etc. These should have a structured abstract and should follow the IMRAD (Introduction, Methods, Results and Discussion) format. Reports of randomized controlled trials should conform to the CONSORT statement on reporting such trials (www.consort-statement.org). Brief reports (approx. 1200 to 1500 words) on original research may include up to 3 tables or figures and 15 to 20 references.

REVIEW ARTICLES

Narrative review articles written by scientist(s)/expert(s) working in the particular area and who has/have published quality original research will be considered. These provide an in-depth review of a specific topic. Word limit is approximate 5000 words excluding abstract and references, tables and charts etc. The article should not have more than 100 references (recent & relevant). The word limit of abstract is about 250 words. Tables and Figures could be included as per requirement. Copyright permission should be obtained from the copyright holder in advance if a published Table/Figure is to be included.

CASE REPORTS

These are brief descriptions of a previously undocumented disease or manifestation or treatment or complications to help understand underlying pathophysiological processes (approx. 700 to 1200 words). These may be accompanied by one relevant photograph.

STUDENT SECTION

To encourage participation of the student in medical research, this section will include important scientific finding having impact on patient care and public health. Abstract of research done by student as part of ICMR studentship and other Government funding agencies shall be considered in this section, word limit of article approximately 1000 words.

NEWS AND ANNOUNCEMENTS

Details of conferences, workshops, updates and continuing medical education programmes should be provided well in advance (at least 3 months). Please include the title of the conference, date, venue and names of contact persons with their contact details (postal and e-mail addresses).

PREPARATION AND SUBMISSION OF MANUSCRIPTS

Manuscripts should be prepared in accordance with the 'Uniform requirements for manuscripts submitted to biomedical journals' of the International Committee of Medical Journal Editors (ICMJE) (last updated in 2014, www.icmje.org).

GENERAL GUIDELINES

In case online submission is not done, one complete sets of the manuscript in hard copy and a compact disc (CD) using the file formats with figures of legends and the desired author's declaration would need to be submitted. Each manuscript received by the journal, either by post or electronically, will be assigned a manuscript number and acknowledged. If author do not receive an acknowledgement within a week please send us an email.

Along with the manuscript, following forms should be submitted : cover letter, checklist, undertaking by authors , contribution details, Copyright transfer agreement, Conflict of interest forms duly signed by all authors; scanned copy of Ethics approval for human or animal studies as applicable (not required for reviews), other govt approvals for biosafety, radiation safety etc as applicable. Please keep a copy of all material sent to us. Manuscripts whether published or not will not be returned to authors.

Efforts shall be made to convey an editorial decision to authors at the earliest, usually within 3 months of submission.

One author must be identified as the corresponding author. The Journal will communicate with the corresponding author if any clarification or information is needed. Comments from peer reviewers will be transmitted to the corresponding author. It is expected that the corresponding author will communicate/respond to the Journal's queries after having consulted all the authors and will assume responsibility for all such communication as well as for the work as a whole.

The preferred file format is Microsoft word format (doc/docx). Acceptable formats for pictures, photographs, and figures are JPG, JPEG, GIF and TIF. All pages should be numbered consecutively beginning with the title page.

Times New Roman Font Style of 12 point size with double spacing should be used for manuscript preparation. Title font size should be 18 point and other headings 14 point and bold. Tables and Figure heading font size used should be 14 point. A-4 page layout should be followed with margins of 1" all sides.

MANUSCRIPT ARRANGEMENT AND CONTENTS

Manuscript should be arranged as follows:

- Cover letter
- Checklist
- Undertaking by author (s)

- Scanned copy of Ethics and other approvals
- Title page
- Abstract
- Introduction
- Methods
- Results
- Discussion
- Acknowledgements
- References
- Tables
- Legends to figures
- Figures

CHECKLIST

The corresponding author has to complete the checklist and attach it to the manuscript. Please complete the following checklist and attach it to the manuscript:

1. Manuscript title
2. Category (e.g. original article, review, short report, etc.)
3. Total number of manuscript pages
4. Number of tables
5. Number of figures
6. Cover letter
7. Scanned copies of Human and or Animal Ethics approval (s) / other necessary governmental approvals as required
8. Author's declaration
9. Declaration of conflict of interest
10. Details of contribution of each author
11. Copyright transfer agreement form
12. Corresponding author's name, current postal and e-mail addresses, and telephone number.

More details are available at the Journal [website at: www.ruhsjhs.in](http://www.ruhsjhs.in)

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RUHS Journal of Health Sciences,
Rajasthan University of Health Sciences
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E-mail: ruhsj.editor@gmail.com