

# Instructions to Authors

**RUHS Journal of Health Sciences solicits manuscripts in the following category of articles. All articles submitted to the Journal shall be subjected to peer-review.**

## CATEGORIES OF ARTICLES

- Original research articles (full or brief reports)
- Clinical trial protocols
- Review articles
- Commentaries
- Case reports
- News and announcements
- Student section

## ORIGINAL RESEARCH ARTICLE

Original research articles are primary sources of scientific literature and present an original study. Under this category, author(s) can report their original research on a particular topic through experiments, surveys, observations etc. These should have a structured abstract and should follow the IMRAD (Introduction, Methodology, Results, and Discussion) format. Reports of randomized controlled trials should conform to the CONSORT statement on reporting such trials ([www.consort-statement.org](http://www.consort-statement.org)). Brief reports (approximately 1200 to 1500 words) on original research may include up to 3 tables or figures and 15 to 20 references.

## REVIEW ARTICLE

Narrative review articles written by scientist(s)/ expert(s) working in the particular area and who has/have published quality original research will be considered. These provide an in-depth review of a specific topic. Word limit is approximate 5000 words excluding abstract and references, tables, and charts etc. The article should not have more than 100 references (recent and relevant). The word limit of abstract is about 250 words. Tables and figures could be included as per requirement. *Copyright permission should be obtained from the copyright holder in advance if a published table/figure is to be included.*

## CASE REPORT

These are brief descriptions of a previously un-

documented disease or manifestation or treatment or complications to help understand underlying patho-physiological processes (approximately 700 to 1200 words). These may be accompanied by one relevant photograph.

## STUDENT SECTION

To encourage participation of the student in medical research, this section will include important scientific finding having impact on patient care and public health. Abstract of research done by student as part of ICMR studentship and other Government funding agencies shall be considered in this section. Word limit of article is approximately 1000 words.

## NEWS AND ANNOUNCEMENTS

Details of conferences, workshops, updates and continuing medical education programmes should be provided well in advance (at least 3 months). Please include the title of the conference, date, venue, and names of contact persons with their contact details (postal and e-mail addresses).

## PREPARATION AND SUBMISSION OF MANUSCRIPTS

Manuscripts should be prepared in accordance with the 'Uniform requirements for manuscripts submitted to biomedical journals' of the International Committee of Medical Journal Editors (ICMJE) (last updated in 2018, [www.icmje.org](http://www.icmje.org)).

## GENERAL GUIDELINES

1. In case online submission is not done, one complete set of the manuscript in hard copy and a compact disc (CD) using the file formats with figures of legends and the desired authors' declaration would need to be submitted. Each manuscript received by the journal, either by post or electronically, will be assigned a manuscript number and acknowledged. If author do not receive an acknowledgment within a week please send us an email.
2. Alongwith the manuscript, following forms should be submitted : cover letter, checklist, undertaking by authors, contribution details, copyright transfer

agreement, conflict of interest forms duly signed by all authors, scanned copy of ethics approval for human or animal studies as applicable (not required for reviews), other government approvals for bio-safety and radiation safety etc as applicable. Please keep a copy of all material sent to us. Manuscripts whether published or not will not be returned to authors.

3. Efforts shall be made to convey an editorial decision to authors at the earliest, usually within three months of submission.
4. One author must be identified as the corresponding author. The Journal will communicate with the corresponding author if any clarification or information is needed. Comments from peer reviewers will be transmitted to the corresponding author. It is expected that the corresponding author will communicate/respond to the Journal's queries after having consulted all the authors and will assume responsibility for all such communication as well as for the work as a whole.
5. The preferred file format is Microsoft word format (doc/docx). Acceptable formats for pictures, photographs, and figures are JPG, JPEG, GIF, and TIF. All pages should be numbered consecutively beginning with the title page.
6. Times New Roman Font Style of 12 point size with double spacing should be used for manuscript preparation. Title font size should be 18 point and other headings 14 pt and bold. For tables and figure heading, font size should be 14. A-4 page layout should be followed with margins of 1" all sides.

#### **MANUSCRIPT ARRANGEMENT AND CONTENTS**

##### **Manuscript should be arranged as follows:**

- Covering letter
- Checklist
- Undertaking by author(s)
- Scanned copy of Ethics/ other approvals wherever required
- Title page
- Abstract

- Introduction
- Methods
- Results
- Discussion
- Acknowledgments
- References
- Tables
- Legends to figures
- Figures

#### **CHECKLIST**

The corresponding author has to complete the checklist and attach it to the manuscript. Please complete the following checklist and attach it to the manuscript:

1. Manuscript title
2. Category (e.g. original article, review, short report, etc.)
3. Total number of manuscript pages
4. Number of tables
5. Number of figures
6. Cover letter
7. Scanned copies of Human and or Animal Ethics approval(s)/ other necessary governmental approvals as required
8. Author's declaration
9. Declaration of conflict of interest
10. Details of contribution of each author
11. Copyright transfer agreement form
12. Corresponding author's name, current postal and e-mail addresses, and telephone number.

More details are available at the Journal website: [www.ruhsjhs.in](http://www.ruhsjhs.in)

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