

## Instructions to Authors

**RUHS Journal of Health Sciences solicits manuscripts in the following category of articles. All articles submitted to the Journal shall be subjected to peer-review.**

### CATEGORIES OF ARTICLES

- Original research articles (full or brief reports)
- Clinical trial protocols
- Review articles
- Commentaries
- Case reports
- News and announcements
- Student section

### ORIGINAL RESEARCH ARTICLE

Original research articles are primary sources of scientific literature and present an original study. Under this category, author(s) can report their original research on a particular topic through experiments, surveys, observations etc. These should have a structured abstract and should follow the IMRAD (Introduction, Methodology, Results, and Discussion) format. Reports of randomized controlled trials should conform to the CONSORT statement on reporting such trials ([www.consort-statement.org](http://www.consort-statement.org)). Brief reports (approximately 1200 to 1500 words) on original research may include up to 3 tables or figures and 15 to 20 references.

### REVIEW ARTICLE

Narrative review articles written by scientist(s)/ expert(s) working in the particular area and who has/have published quality original research will be considered. These provide an in-depth review of a specific topic. Word limit is approximately 5000 words excluding abstract and references, tables, and charts etc. The article should not have more than 100 references (recent and relevant). The word limit of abstract is about 250 words. Tables and figures could be included as per requirement. *Copyright permission should be obtained from the copyright holder in advance if a published table/figure is to be included.*

### CASE REPORT

These are brief descriptions of a previously undocumented disease or manifestation or treatment or

complications to help understand underlying pathophysiological processes (approximately 700 to 1200 words). These may be accompanied by one relevant photograph.

### STUDENT SECTION

To encourage participation of the student in medical research, this section will include important scientific finding having impact on patient care and public health. Abstract of research done by student as part of ICMR studentship and other Government funding agencies shall be considered in this section. Word limit of article is approximately 1000 words.

### NEWS AND ANNOUNCEMENTS

Details of conferences, workshops, updates and continuing medical education programmes should be provided well in advance (at least 3 months). Please include the title of the conference, date, venue, and names of contact persons with their contact details (postal and e-mail addresses).

### PREPARATION AND SUBMISSION OF MANUSCRIPTS

Manuscripts should be prepared in accordance with the 'Uniform requirements for manuscripts submitted to biomedical journals' of the International Committee of Medical Journal Editors (ICMJE) (last updated in 2018, [www.icmje.org](http://www.icmje.org)).

### GENERAL GUIDELINES

1. In case online submission is not done, one complete set of the manuscript in hard copy and a compact disc (CD) using the file formats with figures of legends and the desired authors' declaration would need to be submitted. Each manuscript received by the journal, either by post or electronically, will be assigned a manuscript number and acknowledged. If author do not receive an acknowledgment within a week please send us an email.
2. Alongwith the manuscript, following forms should be submitted: cover letter, checklist, undertaking by authors, contribution details, copyright transfer agreement, conflict of interest forms duly signed by all authors, scanned copy of ethics approval for human or animal studies as applicable (not required for reviews), other government approvals for bio-safety and radiation safety etc as applicable. Please keep a copy of